



BUFFALO STATE
The State University of New York

PEOPLE.
PURPOSE.
POSSIBILITY.

TURN YOUR PASSION FOR WELLNESS INTO LASTING CHANGE.

Health and Wellness to Adult Education 4 + 1 Pathway

Build on your undergraduate degree. Make a bigger impact.



SAVE TIME AND MONEY

Complete your
M.S. in just one
additional year.



EXPAND YOUR IMPACT

Combine your
passion for health
and wellness with
the power of education.



PREPARE FOR MEANINGFUL CAREERS

Lead, educate, and
create change in diverse
adult learning and
workforce settings.



JOIN A SUPPORTIVE COMMUNITY

Learn from expert
faculty and a network
of peers who share
your commitment to
healthy, thriving communities.

HOW IT WORKS

1

Complete Your Undergraduate Degree

Earn your B.S. in Health and Wellness at Buffalo State.

2

Apply to the 4 + 1 Pathway

Apply during your junior or senior year to the
Accelerated Adult Education M.S. program.

3

Take Graduate Courses as an Undergraduate

Start graduate coursework in your senior year.

4

Finish in One Additional Year

Complete your Adult Education M.S. degree in just
one year after graduation.

*More Education.
Greater Impact.*

WHY ADULT EDUCATION?

Adult Education prepares you to work with diverse learners in a variety of settings, including health and wellness programs, community organizations, nonprofit agencies, government, workforce development, and higher education.



REAL-WORLD RELEVANCE

Address today's most pressing health, social,
and workforce needs.



FLEXIBLE & 100% ONLINE

Designed for today's learners and tomorrow's leaders.



EARN MICRO-CREDENTIALS

As part of your degree, you can earn microcredentials in Grant Writing, Human Resource Development, Instructional Design, and/or Online Teaching.



For more information:

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BUFFALO STATE UNIVERSITY
Adult Education Program

Belong. Learn. Achieve.